

Heaven and Earth Designs

Follow Your Bliss

Chart No: HAEAIS 131

Chart Design by Michele Sayetta

Artwork by Aimee Stewart



Finished Design Size 400 W by 494 H (16 WX 19-3/4 H inches on 25ct fabric)
(This Chart Contains 88 Colors)

Heaven and Earth Designs LLC

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320-214-7998

www.heavenandearthdesigns.com

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We know it will bring you many hours of pleasurable stitching and believe the final result will be something to love and admire forever.

Included with your chart is a clear plastic bag to protect your chart, and a coded thread list for the threads you will need to complete your project. Our charts are designed to use DMC stranded cotton threads and, where appropriate, Kreinik metallic thread.

Chart Instructions:

































1. This chart is made up of several numbered pages beginning at the top left corner of the first page. The pages of chart are laid out from left to right in rows e.g. 1 2 3 4, 5 6 7 8. Although each chart is marked with arrows which indicate the centre, we believe you will find it easier to begin from the top left corner of page 1 and follow the chart page by page to the bottom right corner of the last page.
2. We recommend you stitch your design on either 18 count Aida or 25 count Linen. using 2 strands of cotton over one in each case.
3. At the top of the thread list you will find our recommendation for the fabric colour. We recommend purchasing a piece of fabric that equates to the design size plus 3 inches [75mm] all around, to allow for framing and matting.
4. Because of the large number of stitches, we have found it to be easier if you stitch one 10X10 grid at a time and then continue on to the next 10 x 10 grid.
5. Stitch each page until it is completed and then move on to the next. On each page there is a number at the top left that indicates the page number. On each corner is a number in parenthesis that indicates the connecting page, unless there is not one.
6. Under International Copyright Laws, you may copy the chart for your own use. We recommend that you use a copy as your working document. You may also wish to enlarge the pages to make the symbols easier to read.





















































































If you have any questions regarding this chart please feel free to contact us.



























*Heaven and Earth Designs LLC
320-214-7998
[Http://www.heavenandearthdesigns.com](http://www.heavenandearthdesigns.com)*

Pattern Name: Follow Your Bliss-Stewart
Designed By: Michele Sayetta
Company: Heaven and Earth Designs LLC
Copyright: 2012 ®
Fabric: Linen 25, White
 400w X 494h Stitches
Size: 25 Count, 16w X 19-3/4h in

Floss Used for Full Stitches:

Symbol	Strands	Type	Number	Color
	\$	2	DMC 150	Dusty Rose-UL VYDK
	△	2	DMC 159	Gray Blue-LT
	◇	2	DMC 161	Gray Blue
	☆	2	DMC 164	Forest Green-LT
	♣	2	DMC 165	Moss Green-VYLT
	⊕	2	DMC 166	Moss Green-MD LT
	%	2	DMC 225	Shell Pink-UL VYLT
	e	2	DMC 300	Mahogany-VYDK
	Z	2	DMC 310	Black
	♡	2	DMC 317	Pewter Gray
	⚙	2	DMC 350	Coral-MD
	H	2	DMC 372	Mustard-LT
	□	2	DMC 400	Mahogany-DK
	X	2	DMC 413	Pewter Gray-DK
	⊗	2	DMC 436	Tan
	∩	2	DMC 470	Avocado Green-LT
	⑧	2	DMC 471	Avocado Green-VYLT
	⦿	2	DMC 498	Christmas Red-DK
	φ	2	DMC 550	Violet-VYDK
	×	2	DMC 612	Drab Brown-LT
	▲	2	DMC 640	Beige Gray-VYDK
	S	2	DMC 647	Beaver Gray-MD
	■	2	DMC 680	Old Gold-DK
	⦿	2	DMC 720	Orange Spice-DK
	↑	2	DMC 725	Topaz
	∨	2	DMC 726	Topaz-LT
	●	2	DMC 728	Topaz
	T	2	DMC 729	Old Gold-MD
	⌋	2	DMC 730	Olive Green-VYDK
	≡	2	DMC 731	Olive Green-DK
	▣	2	DMC 732	Olive Green
	√	2	DMC 733	Olive Green-MD





































Symbol	Strands	Type	Number	Color
 	2	DMC	741	Tangerine-MD
 	2	DMC	742	Tangerine-LT
 	2	DMC	744	Yellow-Pale
 	2	DMC	745	Yellow-LT Pale
 	2	DMC	762	Pearl Gray-VY LT
 	2	DMC	779	Cocoa-DK
 	2	DMC	780	Topaz-UL VY DK
 	2	DMC	781	Topaz-VY DK
 	2	DMC	782	Topaz-DK
 	2	DMC	783	Topaz-MD
 	2	DMC	791	Cornflower Blue-VY DK
 	2	DMC	799	Delft Blue-MD
 	2	DMC	801	Coffee Brown-DK
 	2	DMC	831	Golden Olive-MD
 	2	DMC	832	Golden Olive
 	2	DMC	833	Golden Olive-LT
 	2	DMC	834	Golden Olive-VY LT
 	2	DMC	913	Nile Green-MD
 	2	DMC	918	Red Copper-DK
 	2	DMC	919	Red Copper
 	2	DMC	920	Copper-MD
 	2	DMC	934	Black Avocado Green
 	2	DMC	936	Avocado Green-VY DK
 	2	DMC	938	Coffee Brown-UL DK
 	2	DMC	943	Bright Green-MD
 	2	DMC	958	Sea Green-DK
 	2	DMC	961	Dusty Rose-DK
 	2	DMC	3012	Khaki Green-MD
 	2	DMC	3031	Mocha Brown-VY DK
 	2	DMC	3064	Desert Sand
 	2	DMC	3072	Beaver Gray-VY LT
 	2	DMC	3362	Pine Green-DK
 	2	DMC	3363	Pine Green-MD
 	2	DMC	3364	Pine Green
 	2	DMC	3743	Antique Violet-VY LT
 	2	DMC	3747	Blue Violet-VY LT
 	2	DMC	3750	Antique Blue-VY DK
 	2	DMC	3752	Antique Blue-VY LT
 	2	DMC	3756	Baby Blue-UL VY LT
 	2	DMC	3766	Peacock Blue-LT
 	2	DMC	3770	Tawny-VY LT
 	2	DMC	3787	Brown Gray-DK











































Symbol	Strands	Type	Number	Color
		2	DMC 3799	Pewter Gray-VYDK
	3	2	DMC 3809	Turquoise-VYDK
		2	DMC 3816	Celadon Green-MD
		2	DMC 3819	Moss Green-LT
		2	DMC 3820	Straw-DK
		2	DMC 3822	Straw-LT
		2	DMC 3828	Hazelnut Brown
		2	DMC 3835	Grape-MD
		2	DMC 3846	Bright Turquoise-LT
		2	DMC 3852	Straw-VYDK
		2	DMC 3854	Autumn Gold-MD
	m	2	DMC 3862	Mocha Beige-DK
		2	DMC 3864	Mocha Beige-LT
		2	DMC 3865	Winter White











Usage Summary

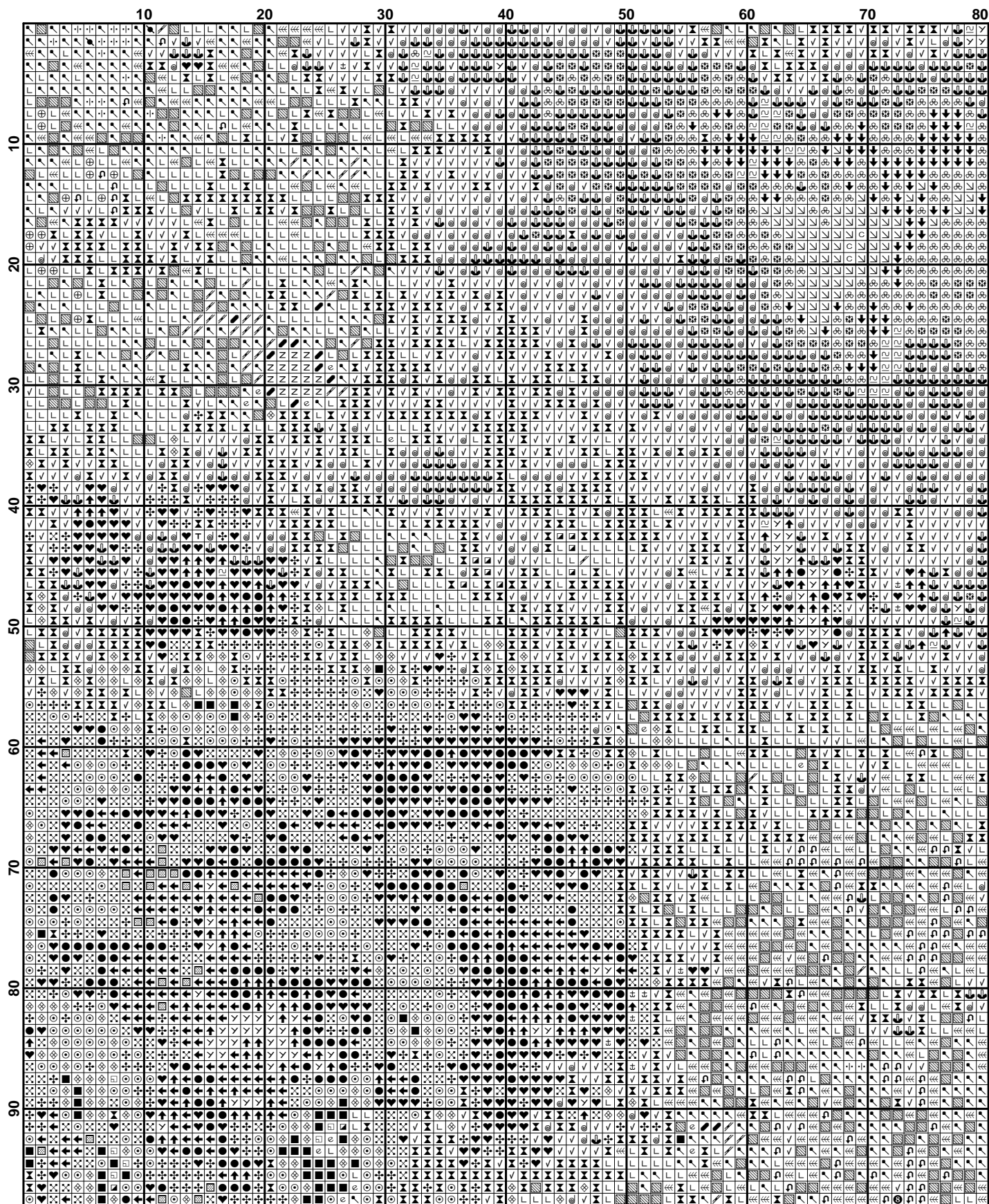
Strands Per Skein: 6

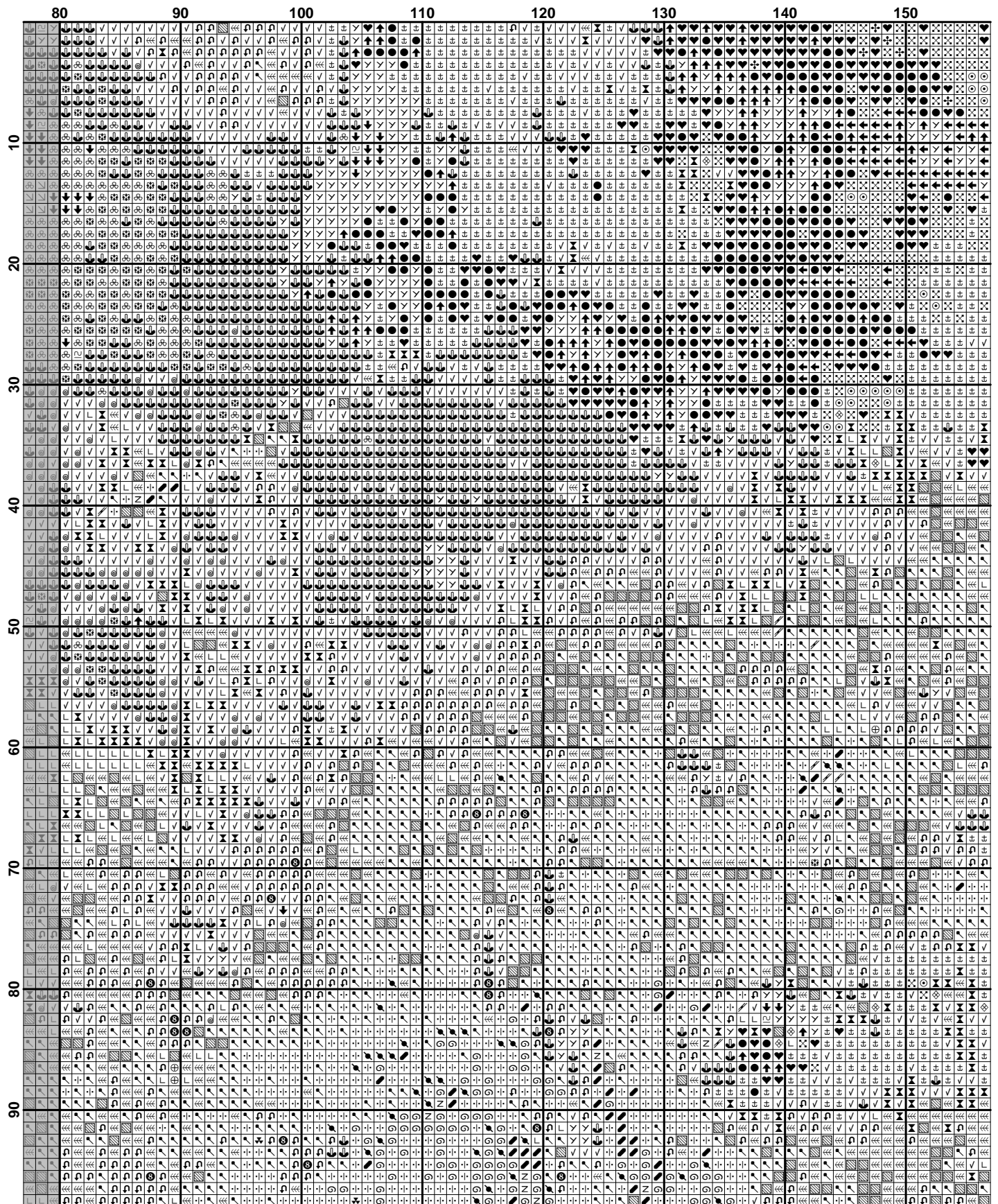
Skein Length: 313.0 in

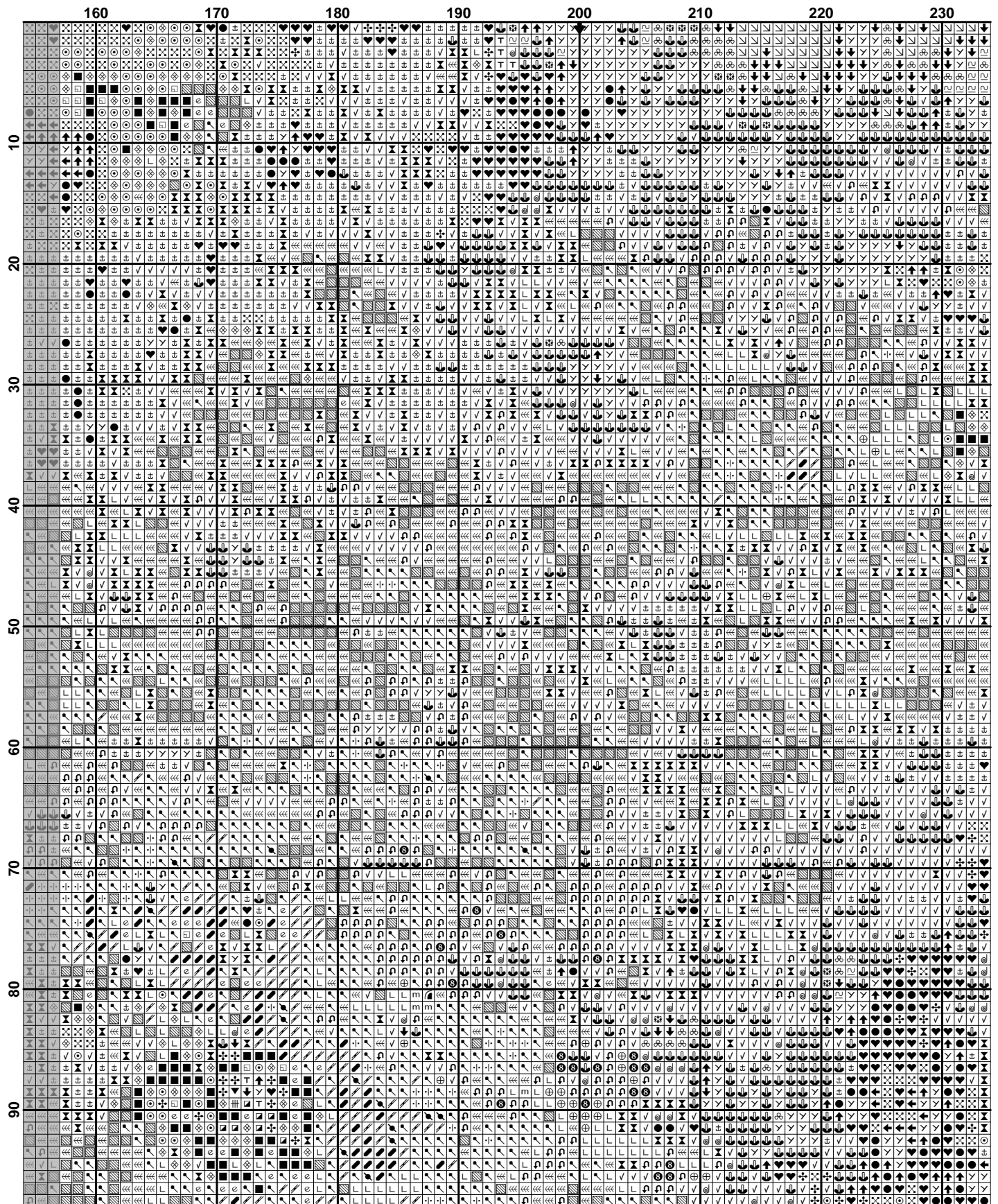
Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
 DMC 150	150	257	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 159	159	252	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 161	161	74	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 164	164	565	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 165	165	1125	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 166	166	2418	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 225	225	202	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 300	300	964	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 310	310	29526	0	0	0	0.0	0.0	0.0	0	0	9.000
 DMC 317	317	2320	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 350	350	272	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 372	372	1300	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 400	400	242	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 413	413	5089	0	0	0	0.0	0.0	0.0	0	0	2.000
 DMC 436	436	939	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 470	470	3180	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 471	471	883	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 498	498	114	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 550	550	4819	0	0	0	0.0	0.0	0.0	0	0	2.000
 DMC 612	612	1528	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 640	640	5027	0	0	0	0.0	0.0	0.0	0	0	2.000
 DMC 647	647	1719	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 680	680	1177	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 720	720	109	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 725	725	1164	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 726	726	2021	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 728	728	1900	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 729	729	1042	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 730	730	8248	0	0	0	0.0	0.0	0.0	0	0	3.000
 DMC 731	731	4357	0	0	0	0.0	0.0	0.0	0	0	2.000
 DMC 732	732	3519	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 733	733	5797	0	0	0	0.0	0.0	0.0	0	0	2.000
 DMC 741	741	139	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 742	742	931	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 744	744	1117	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 745	745	2105	0	0	0	0.0	0.0	0.0	0	0	1.000

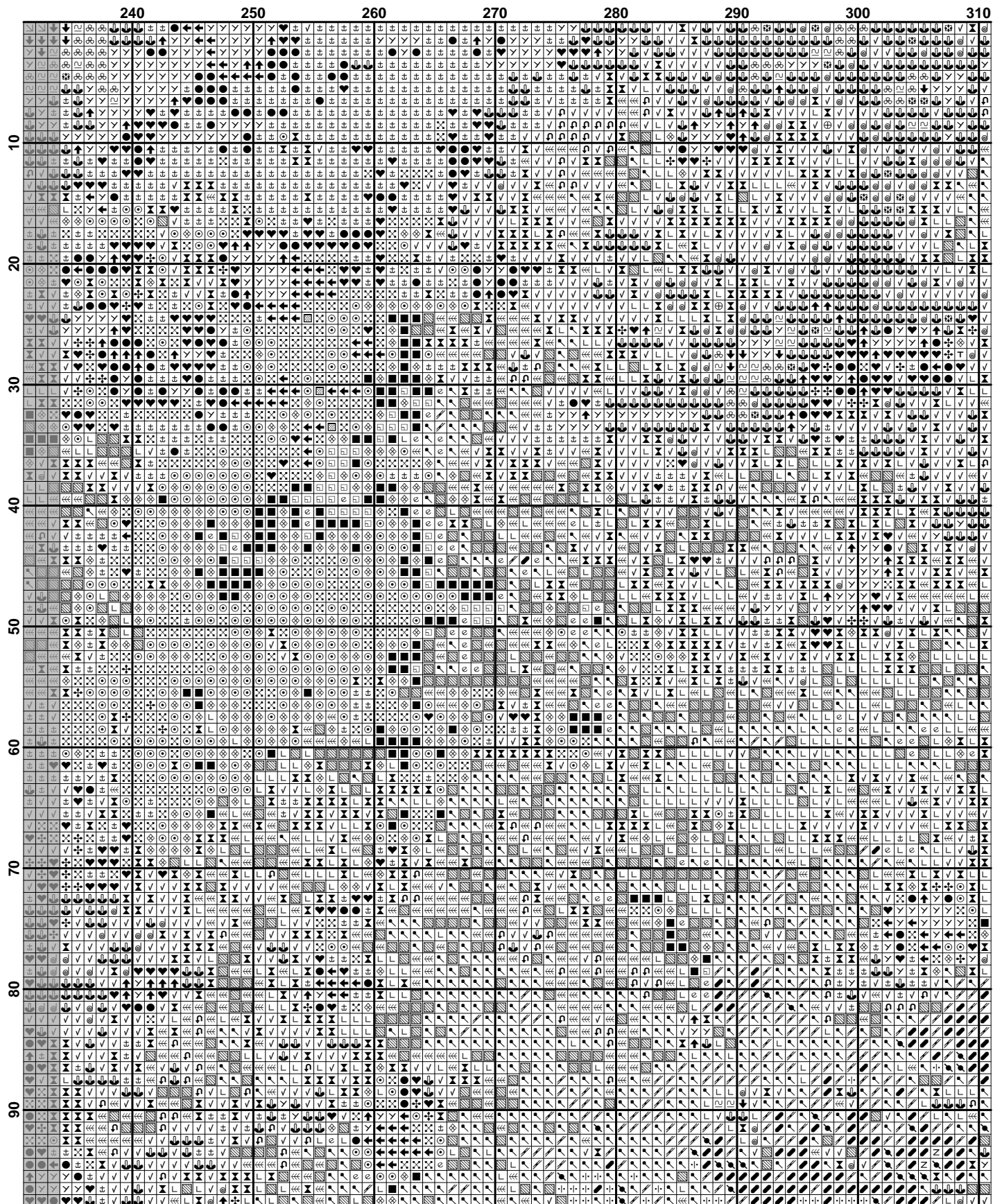
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 DMC 762	112	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 779	2718	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 780	895	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 781	1319	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 782	1283	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 783	1784	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 791	151	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 799	12	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 801	2978	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 831	4541	0	0	0	0.0	0.0	0.0	0	0	2.000	
 DMC 832	5617	0	0	0	0.0	0.0	0.0	0	0	2.000	
 DMC 833	2045	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 834	1802	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 913	99	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 918	278	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 919	184	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 920	305	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 934	5590	0	0	0	0.0	0.0	0.0	0	0	2.000	
 DMC 936	4114	0	0	0	0.0	0.0	0.0	0	0	2.000	
 DMC 938	4164	0	0	0	0.0	0.0	0.0	0	0	2.000	
 DMC 943	420	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 958	109	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 961	42	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3012	2734	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3031	2498	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3064	585	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3072	328	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3362	2552	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3363	1800	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3364	1308	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3743	606	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3747	182	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3750	3511	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3752	71	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3756	351	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3766	9	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3770	4678	0	0	0	0.0	0.0	0.0	0	0	2.000	
 DMC 3787	5037	0	0	0	0.0	0.0	0.0	0	0	2.000	
 DMC 3799	6901	0	0	0	0.0	0.0	0.0	0	0	2.000	
 DMC 3809	343	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3816	223	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3819	4108	0	0	0	0.0	0.0	0.0	0	0	2.000	

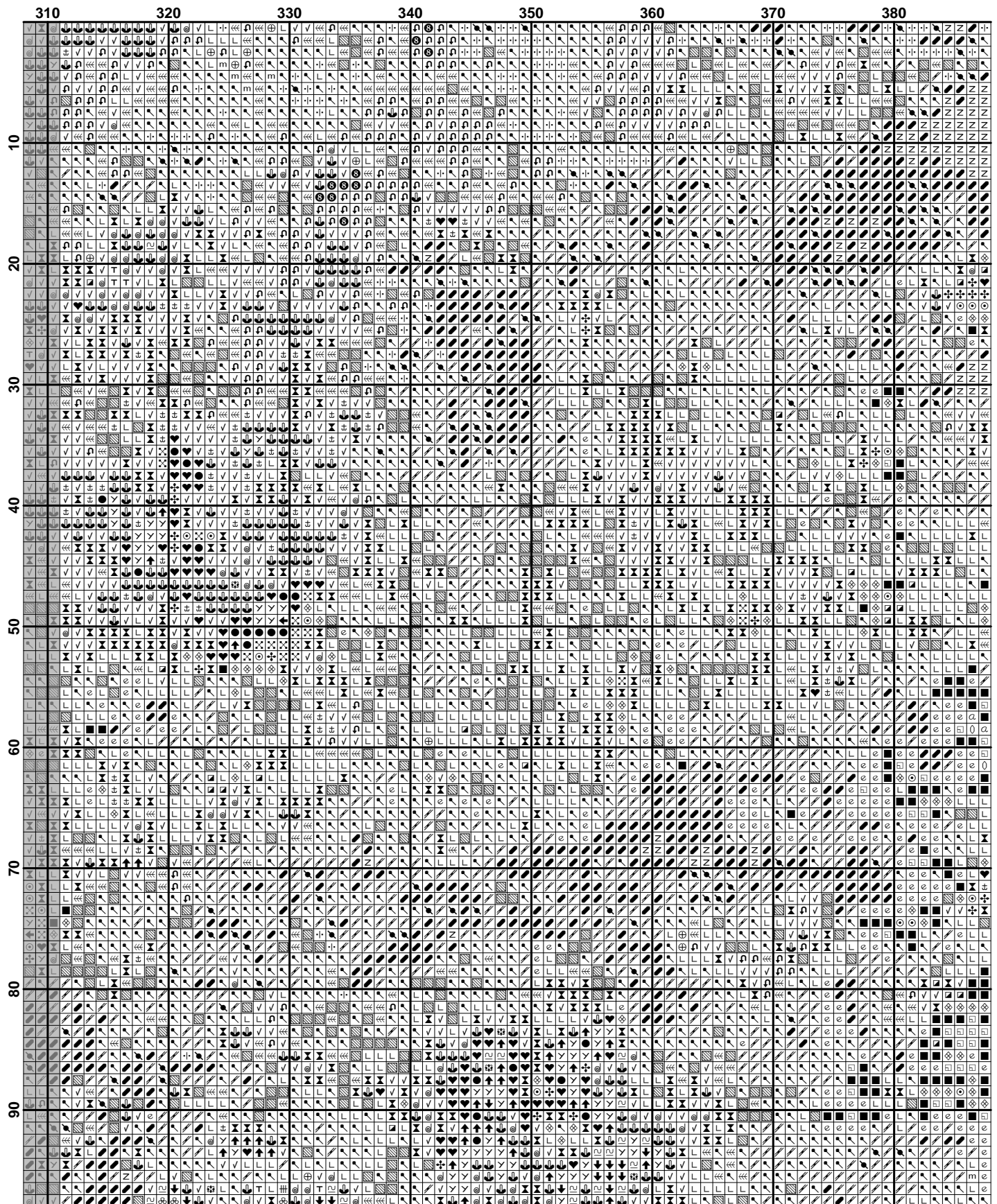
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 DMC	3820	2975	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC	3822	868	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC	3828	1676	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC	3835	704	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC	3846	45	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC	3852	1797	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC	3854	387	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC	3862	3268	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC	3864	1539	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC	3865	9513	0	0	0	0.0	0.0	0.0	0	0	3.000

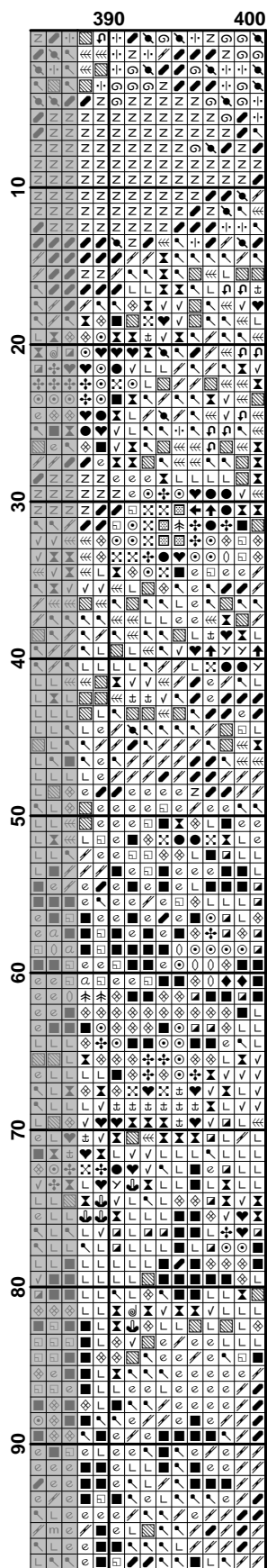


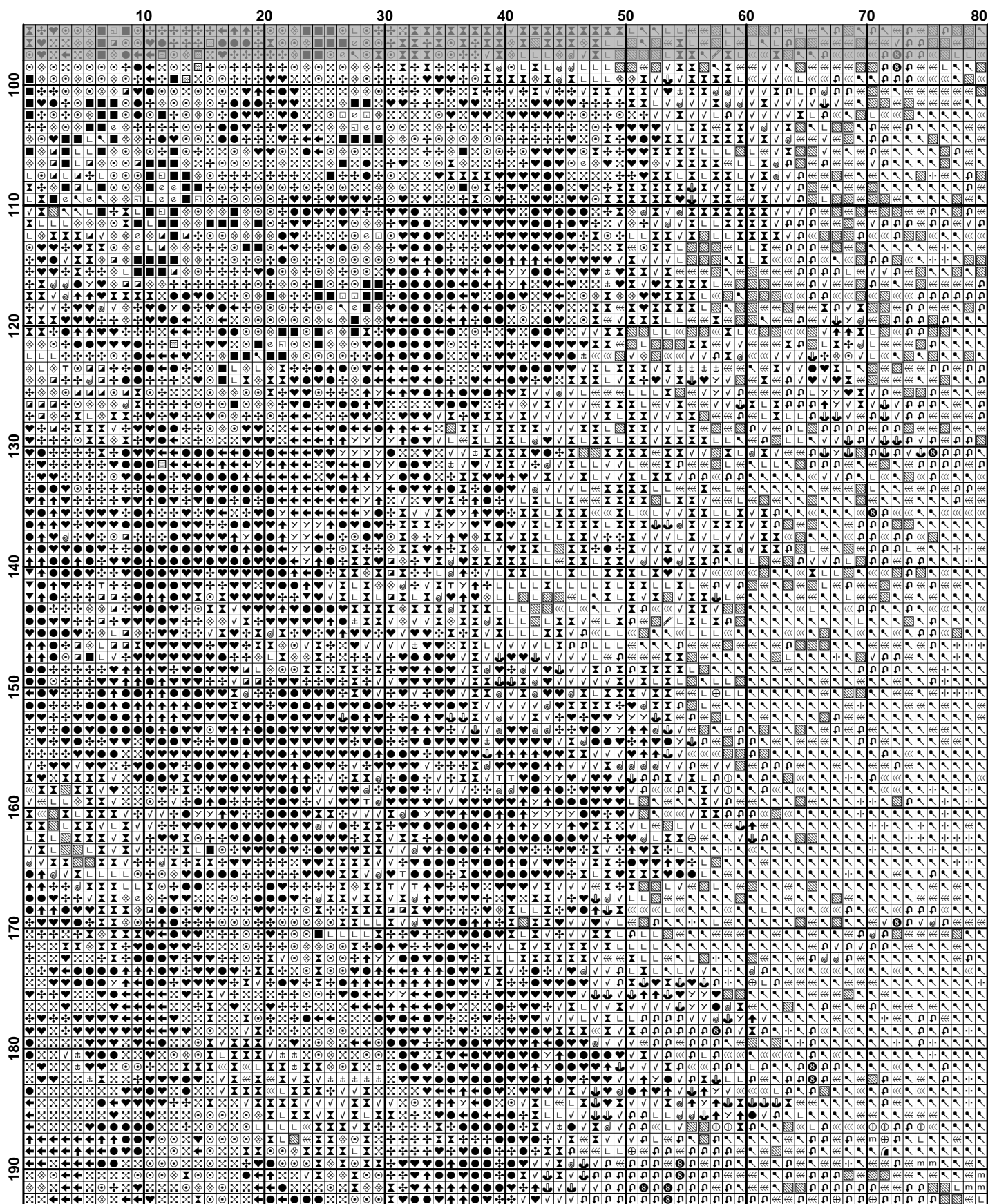










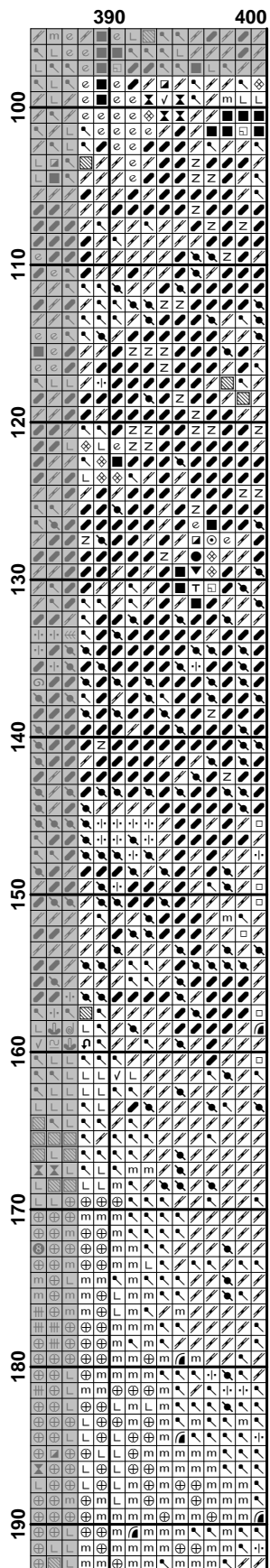


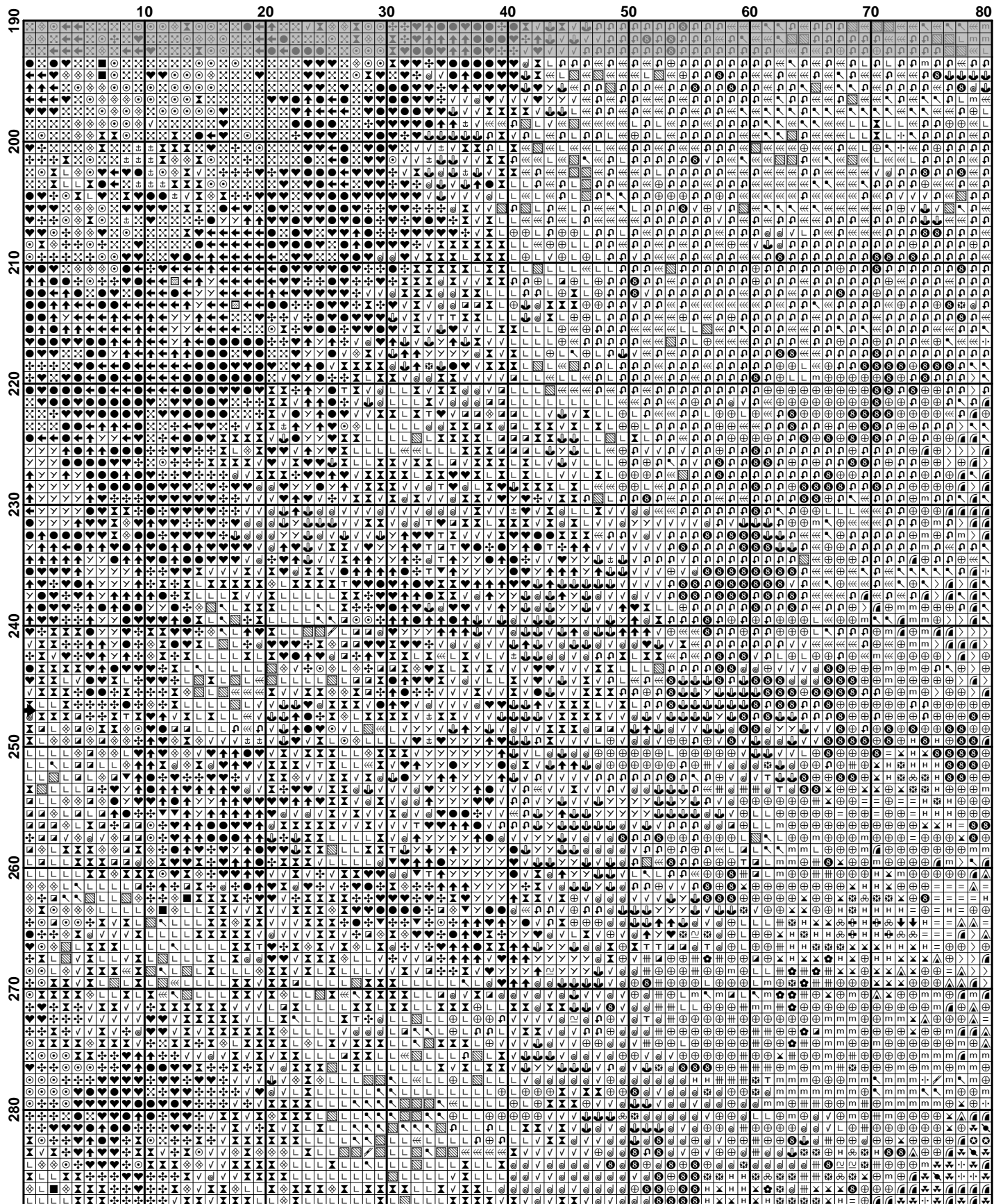
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190								

	240	250	260	270	280	290	300	310
100	+	+	+	+	+	+	+	+
110	+	+	+	+	+	+	+	+
120	+	+	+	+	+	+	+	+
130	+	+	+	+	+	+	+	+
140	+	+	+	+	+	+	+	+
150	+	+	+	+	+	+	+	+
160	+	+	+	+	+	+	+	+
170	+	+	+	+	+	+	+	+
180	+	+	+	+	+	+	+	+
190	+	+	+	+	+	+	+	+

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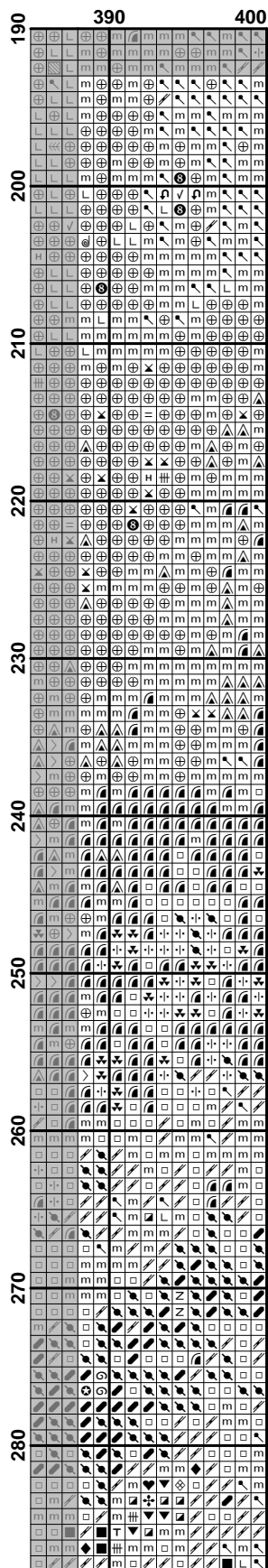


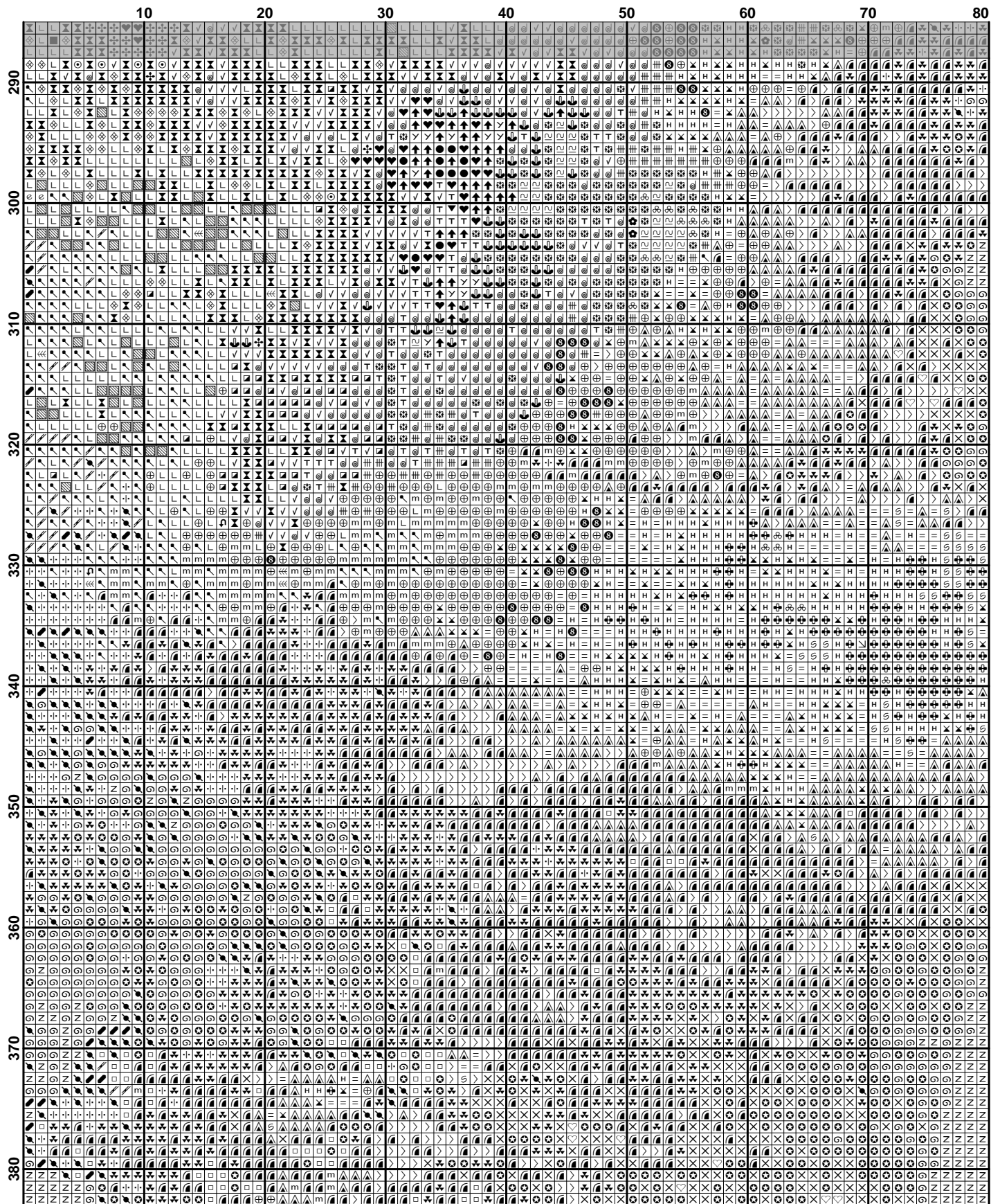


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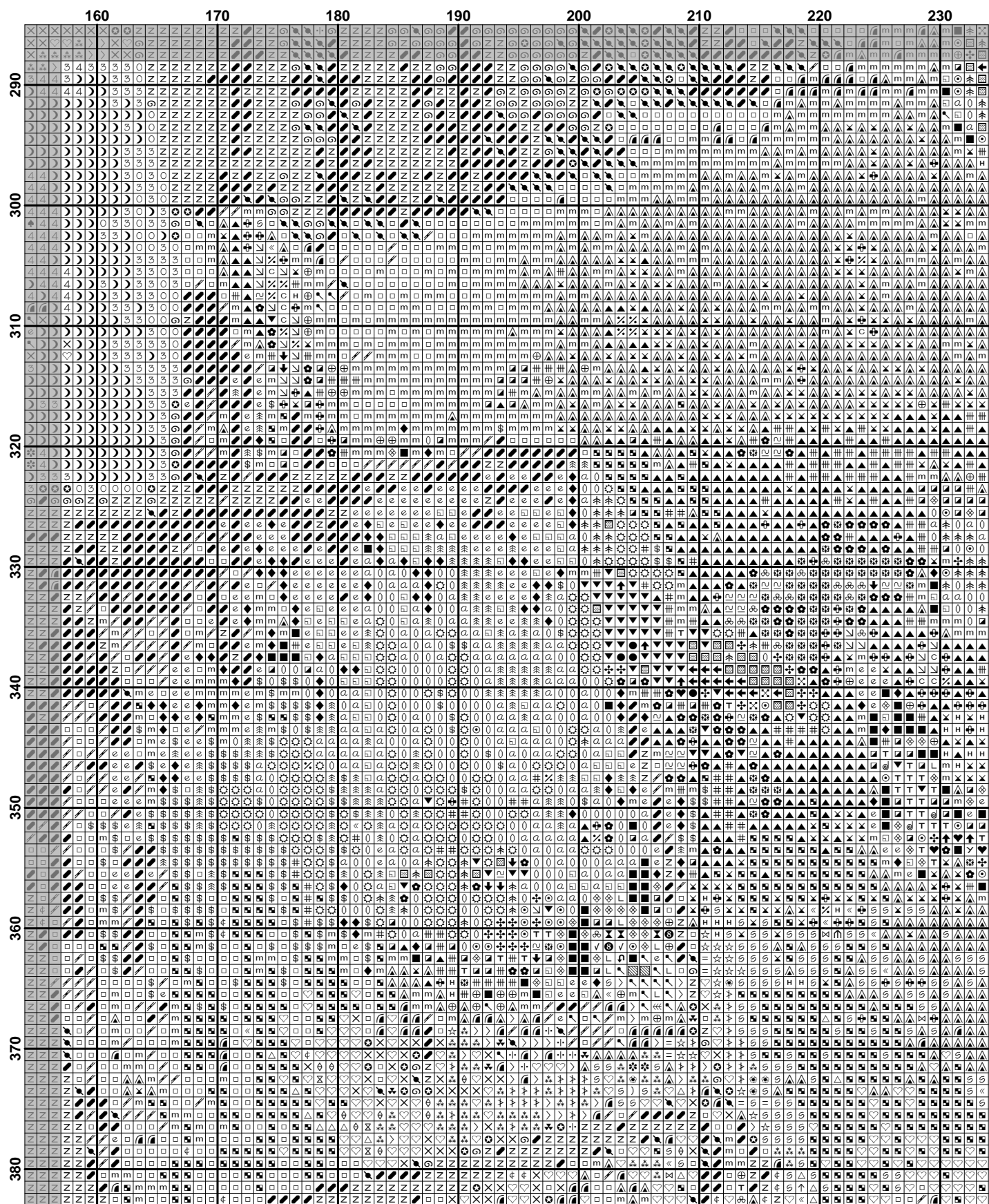
	240	250	260	270	280	290	300	310
190	C	C	+	+	+	+	+	+
191	C	C	+	+	+	+	+	+
192	C	C	+	+	+	+	+	+
193	C	C	+	+	+	+	+	+
194	C	C	+	+	+	+	+	+
195	C	C	+	+	+	+	+	+
196	C	C	+	+	+	+	+	+
197	C	C	+	+	+	+	+	+
198	C	C	+	+	+	+	+	+
199	C	C	+	+	+	+	+	+
200	C	C	+	+	+	+	+	+
201	C	C	+	+	+	+	+	+
202	C	C	+	+	+	+	+	+
203	C	C	+	+	+	+	+	+
204	C	C	+	+	+	+	+	+
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309	C	C	+	+	+	+	+	+
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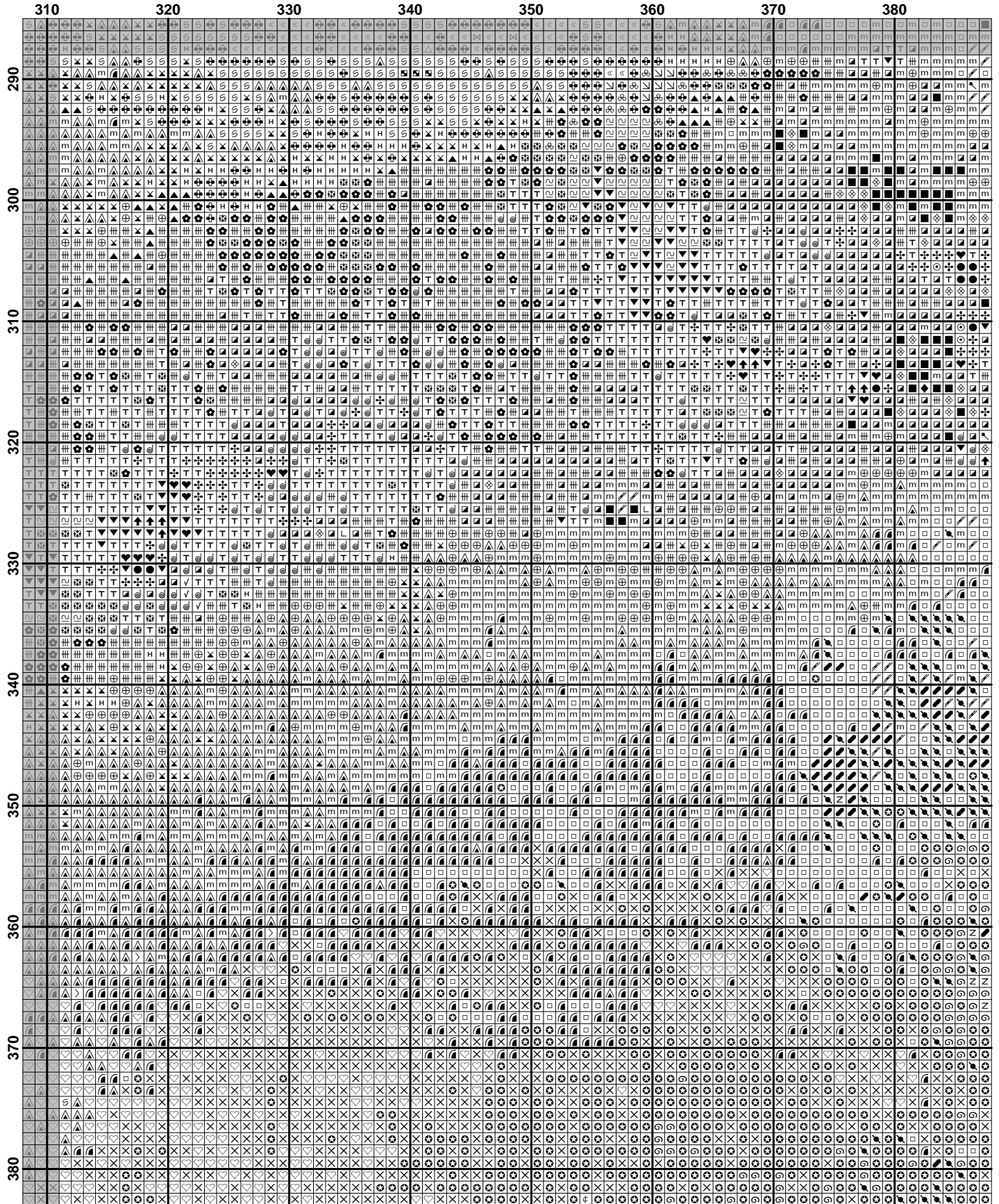


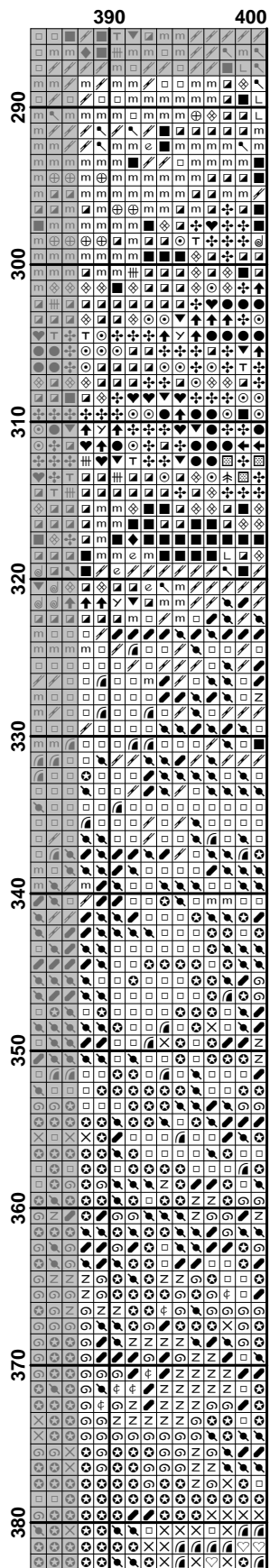


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